From the Editor

COINN AGM was presented at New Zealand’s Conference in Christchurch on the 13th November. Minutes will be available on our website soon https://coinnurses.org/?page_id=1992

We farewell our board member from Canada, Patricia O’Flaherty, and welcome Karen Lasby. Karen is the current Co-Chairperson on COINN 2016 conference committee and CANN president. We also welcome Denise Evans from the UK who is the current President of Neonatal Nurses Association (NNA) and has been involved in education programs in Uganda and Vietnam.

As the only international voice for neonatal nursing care and neonatal nursing education, COINN makes the following short and long-term commitments to realising the Every Newborn Action Plan (ENAP):

- continuing to teach Helping Babies Breathe (HBB) in at least two countries in Africa, one country in Southeast Asia and two countries in the Pacific by July 2015;
- continuing to teach the S.T.A.B.L.E. program through the leadership of Dr. Kris Karlsen in at least three countries in Southeast Asia and other parts of the world by July 2015;
- advocating for use of Kangaroo Mother Care (KMC) through the issuance of a position statement and presence on national and international committees dedicated to KMC beginning May 2014;
- beginning the development of a neonatal basic course for nurses and other health professionals by January 2016;
- incorporating the ENAP and neonatal nursing leadership development into COINN’s Strategic Plan for the next five years (2014-2019);
- launching a workforce database to describe where neonatal nurses work, what they do, and who they are by September 2014.

World Prematurity Day was on the 17th November and countries around the world have been lighting up buildings to support the journey of families with Preterms. Check out the puzzle this edition and identify the countries involved.

COINN conference 2016 is progressing well but needs your involvement so plan a holiday in Canada and come with your innovations, ideas, successes and challenges so we can all benefit. The Website is developing and will be available at this address: http://coinn2016.neonatalcann.ca/

Have a great Christmas and New Year and stay safe
Jacquie Koberstein
COINN Editor

COINN Mission Statement

To promote excellence in neonatal nursing and health outcomes for the infants and families we serve and to act as an international leader in the development and revision of professional standards of neonatal nursing
A bit of History

Working in Partnership—COINN and Global Engagement Institute (GEI)

GEI and COINN agree to collaborate on the implementation of a capacity development response to overcome existing capacity deficits in the programmatic area of Maternal, Newborn & Child Health (MNCH) in selected developing countries, initially including Rwanda, Vietnam and Papua New Guinea. Interventions are carried out by qualified volunteer delegations of International healthcare professionals and students who teach the “Helping Babies Breathe” (HBB) and “Helping Babies Survive – Essential Care for Every Baby” (HBS) curriculum to healthcare workers (e.g. medical, nursing, midwifery and community) and birth attendants at the destinations.

HBB was designed by a public-private partnership led by the American Academy of Pediatrics. Its objective is to train healthcare workers and birth attendants in developing countries in the essential skills of newborn resuscitation, with the goal of having at least one person who is skilled in neonatal resuscitation at the birth of every baby.

COINN is the recognized global leader in neonatal nursing care. To accomplish its vision, it has, among others, made a commitment to enter into new partnerships with likeminded organizations in order to educate health professionals, legislators and the lay public on issues relating to global neonatal nursing, particularly in areas that have little or no access to expertise and information. One way of doing so is the collaborative provision of HBB training in developing countries.

Professional capacity development is the expertise of GEI, a private institute that provides high-impact short-term global engagement programs in developing countries to international healthcare professionals and students. GEI hosts successive delegations of professional volunteers who engage in the development of local knowledge, skills, policies and processes. One of the first curricula that GEI delegations have taught in Rwanda since 2009 is HBB.

Joining their forces, COINN and GEI desire to collaborate to inspire and empower international healthcare professionals and students in neonatal care and related fields to teach HBB and HBS in an increasing number of developing countries, starting with Rwanda, Vietnam and Papua New Guinea, and later growing to other countries in Africa, Asia and Latin America.

http://coinn2016.neonatalcann.ca/
Articles of Interest

What type of parent am I?
The type of parent you are will influence your child’s development. Children learn their behaviours from how you interact with them. Deciding what sort of parent you would like to be starts with understanding the role of the parent.

Know your parenting styles
Although every parent or caregiver is unique, parenting styles have been grouped into three broad categories: rock, tree or paper. What type of parenting style best describes you?

'Rock' parents have strict, rigidly enforced rules and expect unquestioning obedience and respect for their authority. Read more about the rock style of parenting

This style lacks boundaries and limits and will often give in to children’s demands to avoid conflict. Read more about the paper style of parenting

This style uses a firm and fair approach. Limits are negotiated up front with the children and are set and adhered to. They can still be open to renegotiation over time. Read more about the tree style of parenting


In a bid to make treatment of diseases affordable, all beds in government hospitals in West Bengal will be provided free of charge, announced Chief Minister Mamata Banerjee in The Times of India http://www.healthynewbornnetwork.org/press-release/india-all-beds-bengal-govt-hospitals-be-free?

The State of India’s Newborns (http://www.healthynewbornnetwork.org/resource/state-indias-newborns-2014utm_source=Healthy+Newborn+Network+Newsletter&utm_campaign=8708b4aed3-HNN_Express_Nov+4&utm_medium=email&utm_term=0_a5834edaef-8708b4aed3-381439889) report captures the story of the country’s neonatal health initiatives in recent years and ignites aspiration and hope for attaining the best possible neonatal health status in the future.

Emily Sagalis gave birth on a concrete slab after battling storm surges that killed thousands, then like many new mothers in razed communities of the Philippines began another perilous struggle for survival with her baby. About 250,000 women were pregnant in areas hit by Super Typhoon Haiyan a year ago, and in the weeks that followed babies were born on shattered roads alongside corpses, in the rubble of destroyed buildings and other places where exhausted mothers lay without adequate or any medical care.

Nurses Perspective

VIETNAM

As a volunteer with the New Zealand Vietnam Health Trust (NZVHT), I have been travelling to the Binh Dinh Province of Vietnam, with a Neonatal / Paediatric Team, since 2001. Change has occurred over the years because of the desire to improve neonatal care and the development of relationships between NZVHT, Binh Dinh Department of Health (DOH) and the medical and nursing teams throughout the province. Changes in neonatal care have occurred over the last 12yrs that achieves better outcomes for neonates and their families. Where families were restricted except to deliver expressed breast milk, family is involved with cue based care in a calmer nursery. Temperature regulation, fluids and nutrition, care of the jaundiced baby, assessment and developmentally supportive care is now evident. These continue to be the main topics of ongoing education.

Nurses received significant input of Anne de Bres, VSA Nurse Educator in Quy Nhon for 2 years – assisting nurses to ‘reframe’ some of their approaches to nursing and by modeling nursing care. Information posters and leaflets for staff and families have been developed. Nurses are able to deliver nasal CPAP – using equipment made in Vietnam for Vietnam conditions (removing the need for purchase of disposables). There is still limited monitoring available and there remain issues of appropriate sensors for pulse oximetry – a problem we have decided needs to be resolved in Vietnam.

Babies are surviving through improved newborn resuscitation and better neonatal care. Since Dr Ngon began keeping records in 2005; the mortality rate has dropped from 13.42% (100 deaths in 745 admissions) in 2005, to 8.35% (124 deaths in 1485 admissions) in 2012. Admissions are increasing – mortality, morbidity and infection rates continue to decrease.

It is pleasing to see the ongoing development of medical and nursing pride and the initiatives they have achieved. It has all been about the ongoing vision of Binh Dinh network and leadership and teaching by Dr Ngon and Ms Thach and the team from NZVHT.

JANE BOCOCK
RGN, BN, MN, PGCert (Neonatal Nursing)
New Zealand

Get your COINN credit card and help COINN to raise money to support newborns and nurses.
Unifying Neonatal Nurses Globally

Affiliated Organisations

Australian College of Neonatal Nurses (ACNN)

Canadian Association of Neonatal Nurses (CANN)

Special Interest Group in Neonatal Nursing (SIG in Neonatal Nursing) - Finnish

Society of Neonatal Nurses (SNH)

Indian Association of Neonatal Nurses

Neonatal Nurses Caring for Hawai’i’s Babies (MoNK)

Neonatal Nurses Netherlands

Puzzle Centre

Identify the countries lit up for Prematurity Day November 17th 2014
Preemie Corner

A special thank you to all NICU nurses around the world as we honor World Prematurity Day and Month in November. You make an enormous difference in the lives of NICU. You are truly special.

World Prematurity Day & Month Resource from PreemieWorld:


New Organization Alert:

*After her son, Nathan, was born 16 weeks early, Cheryl Chotrani realized how overwhelming caring for a preemie can be. With Pebbles of Hope launching globally in 2014 she plans to make a lasting change for all.*

Website: [www.PebblesOfHope.org](http://www.PebblesOfHope.org)


Focus:
Premature babies born in underserved areas (i.e. low-income communities, rural areas, developing world)

Mission:
To help preemies survive and thrive by leveraging media, technology, and community to provide education and training to parents and other caregivers outside of traditional health facilities.

Programs:
*Webinar Series.* November covers preemie nutrition with topics on breastfeeding, nutritional requirements, and food allergies.
*Thrive Guide.* An interactive resource guide available online, on CD-ROM and via mobile devices for mothers of preemies in underserved areas.
*Mentoring.* Graduates from the Thrive Guide can join the global mentor network.

About Deb Discenza:
*Deb Discenza is the mother of a former 30-weeker girl now 11 years old and healthy! Deb is the co-author of critically-acclaimed The Preemie Parent’s Survival Guide to the NICU available at [www.PreemieWorld.com](http://www.PreemieWorld.com)*

Then check out facebook for countries highlighted. If you had activities to Celebrate add your highlights to this forum. And get thinking about next year.